

# Health First Rehab, Inc.

923 Route 6A, Unit Y  
Yarmouthport, MA 02675  
Phone: 508-362-2945  
Fax: 508-362-2946

133 Falmouth Road, Unit C  
Mashpee, MA 02649  
Phone: 508-221-1169  
Fax: 508-362-2945

## New Personal Injury Patient Paperwork

Please provide the office copies:

- 
1. Insurance Cards
  2. Driver's License
  3. Auto Insurance COVERAGE SELECTION PAGE

Please answer the Following Questions:

1. Were you working during the time of the accident?  
→ a.  Yes (please call the office to discuss 508-362-2945)  
b.  No
2. Were there other factors involved?
  - a.  Alcohol (please call the office to discuss 508-362-2945)
  - b.  Speed
  - c.  Other:
3. Did the Police come to the scene?
  - a.  Yes
  - b.  No
4. Was a Police Report Filed?
  - a.  Yes
  - b.  No
5. Have you received a PIP application?
  - a.  Yes
  - b.  No
6. Did you Report the Injury?
  - a.  Yes
  - b.  No

Please provide the office this form on your next visit:

1. Coverage selection page from YOUR insurance company.

**Office Policies - Health First Rehab, Inc.**

***Informed Consent to Treatment***

By signing below, I consent to the services being rendered during this visit by Dr. Joshua Lindauer, DC or any other chiropractic physician who now or in the future treat me while employed by, working or associated with or covering for Dr. Lindauer, DC. I am informed that there are some rare but potential risks to chiropractic manipulative therapy, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interest. I have been informed of possible alternative therapies. No guarantee has been made to me as to the result or cures that may be obtained from examination or treatment in this clinic. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

***Privacy Notice Acknowledgement***

In accordance with the **Health Insurance Portability and Accountability Act of 1996 (HIPAA)**, by signing below, I acknowledge that a copy of the Notice of Privacy Practices for Protected Health Information for this office has been made available to me. I am advised to read this document carefully, for it outlines the use and limitations of the disclosure of my health information and my rights as a patient. I have been given the opportunity to ask any questions that I may have regarding these policies.

***Authorization to Release Medical Information***

I authorize my healthcare provider(s) to furnish information from my medical records to any company that may be responsible for payment of all or part of my visit and provider charges, including my insurance companies and their representatives, and my information to this provider for continuing care.

***Massage Therapy Non-Covered Service Waiver***

Massage therapy services performed by a licensed massage therapist in this office are not a covered benefit under your current health plan, as these procedures are not performed directly by a participating physician/provider.

There is a fee of **\$8.00** per visit for this service.

\_\_\_\_\_ Initial

***Authorization for Direct Payment of Insurance Benefits***

I, or my representative, authorize direct payment to the provider(s) and/or clinic rendering any services during this visit of any insurance benefits otherwise payable to me.

***Health Insurance/Patient Payment Policy***

We will file your insurance claims for you. However, we cannot guarantee or take responsibility for what your health insurance will or will not cover. Ultimately, all services rendered to you are charged directly to you and you are personally responsible for payment. Payment for all services, including copays, coinsurance and deductibles, are expected at the time of service unless prior arrangement are made with us. **If you have a cash balance with our office greater than 45 days, there will be a finance charge of 5% per month applied to your account.**

***Treatment Compliance. Appointment Cancellation Policy***

We require a 24 hour notice for appointment cancellations. Health First Rehab, Inc. reserves the right to charge **\$40.00** for the missed visit if this policy is abused. This amount is not covered by any insurance plan and will be the patient's responsibility. Further, **greater than 2 missed appointments will be considered non-compliance and subject to discharge from care.**

\_\_\_\_\_ Initial

***I have read the Health First Rehab, Inc. office policies and will honor them:***

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Health First Rehab, Inc.  
Joshua Lindauer, DC

923 Route 6A, Unit Y  
Yarmouthport, MA 02675  
Phone: 508-362-2945 Fax: 508-362-2946

133 Falmouth Road, Unit C  
Mashpee, MA 02649  
Phone: 508-221-1169 Fax:508-362-2946

HEALTH INSURANCE AFFIDAVIT

Your claim for Personal Injury Protection benefits may be coordinated with your own personal Health Insurance per MGL c.90, Section 34M. In order to properly determine what benefits are payable, it is necessary for you to provide us with the information requested below.  
Thank you very much.

1. Do you have Health Insurance? ( ) YES ( ) NO  
a. If **Yes** please answer, or **provide a copy of your health card**, both sides.

Name of plan: \_\_\_\_\_

SEE ATTACHED INSURANCE CARDS

Policy #: \_\_\_\_\_

Subscriber name: \_\_\_\_\_

Social Security #: \_\_\_\_\_

B. If No,

Are you eligible for coverage under anyone else's plan?

( ) YES ( ) NO

If you are eligible under someone else's plan, please complete **section A** as well as the following.

Member name: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

Address of member: \_\_\_\_\_

Member phone #: \_\_\_\_\_

Member date of birth: \_\_\_\_\_

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Patient and Insurance Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_

Marital Status: \_\_\_\_\_ Name of Spouse: \_\_\_\_\_

Primary Care MD: \_\_\_\_\_ Permission to send treatment notes to PCP:  Y  N

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

**Health Insurance Info:** Please Give Insurance Card to Receptionist to Copy  None

Insurance Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Plan Name: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Patient Relationship to the insured: Self Spouse Child Other: \_\_\_\_\_

### Attorney Information:

Name of Law Firm: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**Auto Accident /Worker's Compensation** Date of Accident: \_\_\_\_\_

Carrier: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Claim # \_\_\_\_\_ Contact Person/Adjuster: \_\_\_\_\_

Name of auto policy holder: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Note: All patients must review and sign our office policy regarding insurance billing and patient responsibilities prior to treatment.

**PERSONAL INJURY INTAKE QUESTIONNAIRE**

**PATIENT NAME:** \_\_\_\_\_

**Today's Date:** \_\_\_\_\_

--- Please let us know if you require assistance, be as complete and concise as possible ---

**Date of Collision?**

Weather/Road Conditions:  Clear day, dry road  Rainy, wet  Snow, Icy

Any additional road hazards: \_\_\_\_\_

Other Factors:  **Alcohol**  Speed  Other: \_\_\_\_\_

Was your vehicle Totaled?  Yes  No Estimated vehicle damage? \$ \_\_\_\_\_ .00  Estimate pending

Was your vehicle towed from the scene?  Yes  No, I was able to drive my vehicle from the scene

**Describe the incident in your own words:**


**MECHANISM OF INJURY**

What was your position in the car?  Driver  Passenger, position:  Front  Right Rear  Left Rear

List other passengers: 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

Did your vehicle strike another vehicle?  Yes  No

Was your vehicle struck by another vehicle?  Yes  No

Angles of impact: First Collision:  Front  Back  Left  Right

If Second Collision:  Front  Back  Left  Right

Were you wearing a seat belt?  Yes  No

Did you brace for impact?  No  Yes ---  I braced with my hands  I braced with my feet

Which way were you facing at the time of impact?  straight ahead  Left  Right

Were the airbags deployed?  No  Front airbags deployed  Side airbags deployed

Did you strike anything in vehicle at time of impact?  Yes  No

If yes, describe what part of your body struck what: i.e. head, chest, chin, knees ,shoulders right or left, etcí .

Steering Wheel \_\_\_\_\_  Dashboard \_\_\_\_\_

Windshield \_\_\_\_\_  Roof \_\_\_\_\_

Door:  Left  Right: \_\_\_\_\_  Window:  Left  Right: \_\_\_\_\_

Other \_\_\_\_\_

Did the seat back bend / break ?  Yes  No

Any other damage to INSIDE of vehicle as result of incident? \_\_\_\_\_

Were police called to the scene?  Yes  No

Was a police report filed?  Yes  No

Were any tickets issued?  Yes, I was issued the following ticket: \_\_\_\_\_

Yes, the other driver was issued the following ticket: \_\_\_\_\_

No, not sure.

**TREATMENT**

Did you go to hospital  Yes  No Were you admitted?  Yes  No if yes how long? \_\_\_\_\_

If you went to hospital, when?  At time of accident  Next day

How did you get to hospital?  Ambulance  Private transportation

Name of Hospital: \_\_\_\_\_

What treatment was given? \_\_\_\_\_

none  placed in a cervical collar  x-rayed  Bandage/ Stitches: region \_\_\_\_\_

given pain medication/muscle relaxants: please list: \_\_\_\_\_

given home instructions? please explain: \_\_\_\_\_

Referral:  Orthopedist/Surgeon  Neurologist  Physical Therapy  Primary Care

Name of Physician: \_\_\_\_\_

Have you seen any other doctors as a result of this accident?  Yes  No

Date: \_\_\_\_\_ Physician: \_\_\_\_\_ Treatment: \_\_\_\_\_

Date: \_\_\_\_\_ Physician: \_\_\_\_\_ Treatment: \_\_\_\_\_

Date: \_\_\_\_\_ Physician: \_\_\_\_\_ Treatment: \_\_\_\_\_

**Occupation:** \_\_\_\_\_

Have you lost any time from work due to your injuries?  No  Yes --- Dates: \_\_\_\_\_ thru \_\_\_\_\_

Have you returned to work?  No  Yes --- Date you returned to work? \_\_\_\_/\_\_\_\_/\_\_\_\_

Are your work activities presently restricted due to this accident?  Yes  No

If yes, please describe: \_\_\_\_\_

Are your daily activities presently restricted due to this accident?  Yes  No

If yes, please describe: \_\_\_\_\_

**PRIOR ACCIDENTS / MEDICAL HISTORY**

Have you ever had same or similar symptoms?  Yes  No

If yes, please describe: \_\_\_\_\_

Have you had previous injuries or accidents?  Yes  No

If yes, Date and Description of previous Accident(s), if applicable:

Date: \_\_\_\_\_ Injuries: \_\_\_\_\_ Treatment: \_\_\_\_\_

Date: \_\_\_\_\_ Injuries: \_\_\_\_\_ Treatment: \_\_\_\_\_

Date: \_\_\_\_\_ Injuries: \_\_\_\_\_ Treatment: \_\_\_\_\_

Do you have any residual pain from the previous injuries?  Yes  No

If yes, please explain: \_\_\_\_\_

**Medical history:**  My medical history is unremarkable for any major accidents, injuries or disease.

Major Illnesses:  No  Heart dz  Hypertension  Cancer, Type: \_\_\_\_\_  Diabetes, Type:  I  II

Other: \_\_\_\_\_

Surgeries:  No  Yes, describe: \_\_\_\_\_

Fractures or dislocations:  No  Yes, describe: \_\_\_\_\_

Allergies:  No  Yes, list allergies: \_\_\_\_\_

Social History:  Smoke: \_\_\_\_\_ pk/day  Drink: \_\_\_\_\_ per week  Exercise: \_\_\_\_\_

Are there any other comments or concerns you wish to discuss with the doctor regarding your injuries?  No  Yes

If yes, please explain: \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

# PATIENT PAIN FORM

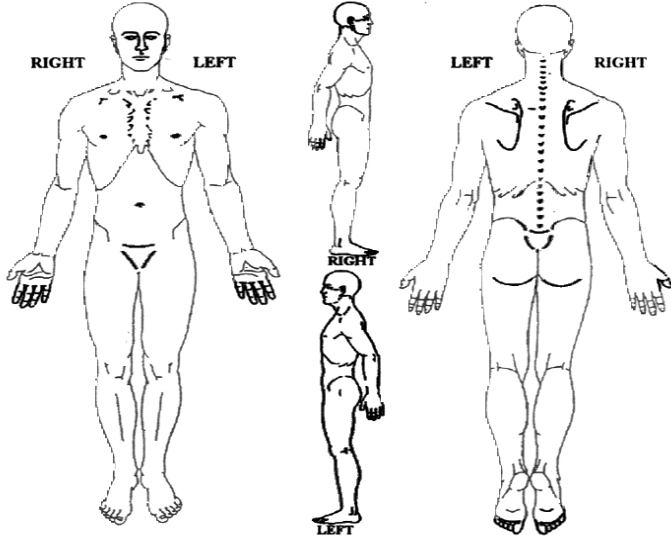
Health First Rehab, INC

Patient: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Injury (if applicable): \_\_\_\_\_

SHOW US YOUR PAIN  
USE THE LETTERS BELOW TO INDICATE THE TYPE  
AND LOCATION OF YOUR SYMPTOMS TODAY

KEY: A = ACHE    B = BURNING    N = NUMBNESS    P = PINS & NEEDLES  
S = STABBING    X = STIFFNESS    T = THROBBING    O = OTHER



### Problem List: (This Section for Office Use Only)

MOI: \_\_\_\_\_

1. \_\_\_\_\_  
NRS:        /10  
Px w/ cough:  
RR:  
N/T/W:  
BB fxn:

2. \_\_\_\_\_  
NRS:        /10  
Px w/ cough:  
RR:  
N/T/W:  
BB fxn:

0	1	2	3	4	5	6	7	8	9	10	
(No Pain)											(Worst Pain)

\_\_\_\_\_ Patient Signature

I experience the above symptoms:	<input type="checkbox"/> Constantly	<input type="checkbox"/> Very Often	<input type="checkbox"/> Occasionally	<input type="checkbox"/> Infrequently		
I feel that my symptoms are:	<input type="checkbox"/> Getting Better	<input type="checkbox"/> Getting Worse	<input type="checkbox"/> Staying About the Same			
My symptoms are:	<input type="checkbox"/> Sharp/Stabbing	<input type="checkbox"/> Dull, Achy	<input type="checkbox"/> Stiffness	<input type="checkbox"/> Numbness	<input type="checkbox"/> Tingling	
	<input type="checkbox"/> Burning	<input type="checkbox"/> Other:				
Symptoms radiate/refer to my:	<input type="checkbox"/> head	<input type="checkbox"/> shoulders	<input type="checkbox"/> arms	<input type="checkbox"/> Hips	<input type="checkbox"/> buttocks	<input type="checkbox"/> Legs
Symptoms are worse with:	<input type="checkbox"/> Standing	<input type="checkbox"/> Sitting	<input type="checkbox"/> Driving	<input type="checkbox"/> Bending	<input type="checkbox"/> Lifting	<input type="checkbox"/> Work Activity
	<input type="checkbox"/> Other, please explain:					
Symptoms are relieved with:	<input type="checkbox"/> Rest/Lying down	<input type="checkbox"/> Ice	<input type="checkbox"/> Heat	<input type="checkbox"/> Stretching	<input type="checkbox"/> Movement	
	<input type="checkbox"/> Other, please explain:					
I am unable to perform the following activities due to pain:						
List current medications/Supplements:	<input type="checkbox"/> See current medication list provided					
1.	2.	3.	4.	5.		
I am experiencing the following symptoms (please check all that apply) :						
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Nausea /Vomiting	<input type="checkbox"/> Difficulty sleeping				
<input type="checkbox"/> Difficulty breathing	<input type="checkbox"/> Fevers / Chills	<input type="checkbox"/> Difficulty concentrating				
<input type="checkbox"/> Pain with coughing	<input type="checkbox"/> Light-headed, dizziness	<input type="checkbox"/> Memory problems				
<input type="checkbox"/> Bowel/bladder changes	<input type="checkbox"/> Visual changes	<input type="checkbox"/> Mood swings, irritability				
<input type="checkbox"/> Urinary incontinence	<input type="checkbox"/> Hearing changes	<input type="checkbox"/> Loss of appetite/Weight loss				
<input type="checkbox"/> Blood in stool	<input type="checkbox"/> "Foggy/Hazy" feeling	<input type="checkbox"/> Fatigue				
<input type="checkbox"/> Other symptoms:						